

LUNCH... (served from 12pm)

Choose your favourite from below, then

... Add ... Chips £1 Salad with homemade coleslaw £1

Burgers

Sweet potato vegan burger, in a gourmet glazed bap, with beetroot and mixed leaves (vg) £7.85

Battered Chicken fillet burger with BBQ sauce, cheddar cheese and mixed leaves £7.85

Butchers beef burger with goats cheese, caramelised onion chutney and mixed leaves £7.85

Salads

Warm Southern fried chicken and bacon served with a mixed salad £8.95

Falafal salad with beetroot, baby pepper pearls and a mixed salad (v) (vg) £8.50

Goats cheese salad with mango and a mixed salad with a balsamic glaze (v) £8.75

Light bites

Brussels and Caramelised shallot pate with toast and chutney £5.75

Fish finger bap with salad leaves and tartare sauce £4.50

Sausage and caramelised onion chutney Bap £4.50

B.L.T served on a bap £4.75

Homemade Soup served with a roll £4.50

Paninis and toasties

Brie, sundried tomato and pesto panini (v) £5.25

Bacon, Brie and Cranberry Panini £5.75

Simple Cheese Toastie £3.25... add extra fillings 75p each ... Onion, Tomato (v), Ham

SIDES or PICKS £2.50 each

Bowl of Chips

Bowl of onion rings

Bowl of Olives

ALLERGIES & Food intolerances:..... for any dietary needs please speak to our staff about the ingredients in our dishes when you order .

Daily SPECIALS ...

Our menu is freshly prepared, homemade and locally sourced with added seasonal treats .

Please see our blackboards for daily specials including Slimming World style specials, seasonal Salads or Stews and other delicious homemade meals.



BREAKFAST

BREAKFAST... (Served until 11.30am)

Toast and butter ... £1/ slice

Beans on toast large £3.95 little £2.25

Fried Egg on toast ... large £3.95 little £2.25

Bacon Bap ... £3.75

Sausage Bap ... £3.75

Mini Breakfast (available in a veggie version too!) 1 sausage, Fried Egg, Beans and a slice of toast with butter £4.25

Bendi Breakfast 2 x Bacon , 2 x Sausage, 1 x Egg, Homemade leek and potato cake, Beans and 2 x toast £7.45

Veggie Breakfast 2 x Glamorgan sausage, 1 x egg, Homemade leek and potato cake, Beans, Mushrooms and 2 x toast £7.45

Slimming world style Breakfast: 2x bacon (no fat), 2 x poached egg, 1 leek and potato cake, Beans, Mushrooms and Tomato £7.45

....**Breakfast Add on's:** Bacon, Sausage, Mushrooms, Egg £1 each



KIDS

Beans on Toast £2.25

Simply Pasta topped with cheese £2.95

Pasta of the day (includes gluten free options) £3.95

Homemade stew of the day with a slice of bread and butter £3.95

A choice of chicken nuggets, fishfinger or sausage served with chips and either Beans or Cucumber £3.95

A Bendi Banquet: with either cheese/jam/ham buttie, cheesy puffs, raisins and cucumber £3.45

We hope you are having a lovely time here with the children.

If you ever need a break, Bendi-gedig now offers childcare and can look after your children for you in our Nursery, Afterschool and Holiday clubs..... Please ask for more info.